



## PREOPERATIVE SEDATION INSTRUCTIONS

### NO FOOD OR WATER WITHIN 6 HOURS BEFORE SURGERY

To reduce the chances for nausea, **do not** eat or drink anything (including water) for **at least 6 hours prior to your appointment.**

- For **morning** surgery: do not eat or drink anything between your bedtime and your scheduled appointment.
- For **afternoon** surgery: a light liquid breakfast before 7:00 A.M. is encouraged
- Unless specified by your dentist, all medicines taken on a routine basis should be continued without interruption. *Please swallow with a minimal amount of water.*

### RESPONSIBLE PARTY

A responsible adult, over 18 years of age, **must** accompany the patient to the clinic and **remain here during the entire procedure.** Following the sedation, this adult must escort the patient home and a responsible adult should remain with the patient for the next **24 hours.**

### MINORS

Minors (persons under the age of 18 years) **must** be accompanied by a parent or legal guardian.

### PERSONAL PREPARATION

- Patients should wear clothing which is not restricting to the neck or arms.
- Patients should wear loose fitting tops on which the sleeves can be rolled to the shoulder.
- Contact lenses must be removed prior to sedation.
- Nail polish should be removed.

### POST SURGERY

Following the anesthetic, patients should refrain from driving an automobile or engaging in any activity that requires alertness for the next 24 hours.

**FAILURE TO FOLLOW ANY OF THESE INSTRUCTIONS WILL RESULT IN CANCELLATION OF THE  
SEDATION APPOINTMENT.**

*For any concerns or problems following sedation please call our office (541) 929-5227*